

# FLOTSAM & JETSAM

**wheat & rye sourdough** 4.00  
(buttered) or cornbread (buttered) (gf)  
strawberry / spiced apple & pear/marmite /  
vegemite / peanut butter

**chia-acai brekkie bowl (df)** 8.50  
coco-almond, vanilla chia pudding, acai &  
banana served w/ fresh fruit, F&J's nut & honey  
granola with a pistachio crumble

**B-L-A-T or H-L-A-T toastie** 9.25  
bacon OR halloumi, lettuce, avocado & tomato  
with F&J's mustard aioli (+ fried egg 1.75 /  
cheddar 1.00)  
\*vegan option available

**Espresso eggs benedict** 9.50  
2 poached eggs on wheat & rye sourdough,  
espresso brown butter hollandaise & smoked  
streaky bacon

**Eggs Florentine OR royale** 10.50 /12.50  
2 poached eggs on wheat & rye sourdough, lime  
mirin hollandaise & sautéed spinach OR smoked  
salmon

**Smashed avocado & feta** 9.75  
avocado, pickled chilli, lime, mint, feta &  
poached egg on wheat & rye sourdough

**Salmon & miso salad (df)** 14.00  
turmeric couscous, marinated smoked salmon,  
mixed salad, radish, coriander, fennel, red onion,  
asian style pickles with a miso & ginger dressing  
\*vegan option available

**Autumn porridge** 6.75  
homemade porridge, coconut milk, cranberry,  
apple & topped with coconut flakes &  
cinnamon

**F&J pancakes** 11.00 (kids 6.00)  
2 American-style pancakes, crispy bacon,  
caramelised banana, fresh berries, maple syrup  
& mascarpone

**Scott's scramble** 8.00  
shallots, balsamic reduction, scrambled eggs  
on F&J's focaccia

**Huevos rancheros (gf)** 12.50  
Smokey beans, sweetcorn salsa, avocado,  
chorizo, sour cream & 2 fried eggs on blue corn  
tortillas \*vegan option available (please allow a  
bit of extra time for this dish)

**Cheesey chorizo toastie** 9.50  
chorizo, cheddar, avo & F&J's red pepper relish,  
string fries, (+ fried egg 1.75)

**Beet & Squash salad** 13.00  
Honey roasted squash, chunky beet root salsa,  
caperberries, goat cheese, dill and lemon  
dressing

**Maple roasted carrot soup** 7.25  
wheat & rye sourdough

*add a side: smoked streaky bacon / halloumi / spinach / mushrooms / grilled tomatoes 3.00 smashed avo 4.00 / chorizo 3.25/ Moxon's smoked salmon 4.25/ String Fries 4.00/ Clarence Court poached/fried egg 2.00 / scrambled eggs 4.00 wheat & rye sourdough 2.00/ charcoal sourdough 2.50/ GF bread 2.00/ GF cornbread 4.00*

*Please inform your server if you have any food allergies or special dietary needs*

## COFFEE & CHOC

*we use Allpress Espresso blend. all our coffees are double shot, please ask us if you'd like a weaker coffee.*

Espresso	2.25
Long black	2.75
Cortado	2.50
Macchiato	2.50
Americano	3.00
Flat White	3.25
Cappuccino	3.25
Late	3.25
Mocha	3.50
Hot Chocolate	3.75
Chai Latte	3.75

## HEALTHY DRINK

Matcha / beetroot / turmeric	4.00
Immunity booster	5.00

## FRESH JUICES

Green aid <i>celery, kale, spinach, cucumber, apple, lemon</i>	5.00
Fresh Orange juice	4.50
Apple juice	3.00
Kids Apple/ Orange juice	2.50

## FROM THE FRIDGE

Still/Sparkling water	2.25
Elderflower sparkle/Rhubarb	3.25
Sparkle/ Karma Cola/ Lemony Lemonade /Gingerella ginger ale	

## TEA TIME

*Choose from our exotic & fragrant loose leaf teas from Edgcumbes:*

English breakfast	
Earl grey	
Grenadine & vanilla	
Japanese sencha	
Jasmine flowers	
Rooibos	
Ginger root	
Strawberry & kiwi	
Chamomile peppermint	
Fresh mint	
Teapot	3.25

## ICE DRINKS

Iced americano / iced latte	3.50
Iced chocolate / iced chai	4.00
Iced matcha / iced turmeric	4.00

## WINES

*We take enormous pride in our wine cellar and would love you to try some!*

*Please ask us for a recommendation*

## BUBBLES & BOOZE

Bloody F&J	9.50
Virgin F&J	5.00
Mimosa	8.00
Gin & tonic	7.00
Rhubarb gin fizz	7.00

larger parties wanting to celebrate a special occasion or host a private event please  
[Dulwich@flotsamandjetsamcafe.co.uk](mailto:Dulwich@flotsamandjetsamcafe.co.uk)

*Please inform your server if you have any food allergies or special dietary needs*