

FLOTSAM & JETSAM

wheat & rye sourdough or cornbread (gf)
(buttered) 4.00
strawberry / spiced apple & pear/marmite /
vegemite / peanut butter

bircher muesli (df/ve) 8.50
oats, barley, rye, pumpkin seeds served w/ fresh
fruit, & maple syrup with a coconut yoghurt

B-L-A-T or H-L-A-T toastie 9.25
bacon OR halloumi, lettuce, avo & tomato with
F&J's mustard aioli (+ fried egg 1.75 / cheddar
1.00) **vegan option available*

espresso eggs benedict 9.50
2 poached eggs on wheat & rye sourdough,
espresso brown butter hollandaise & smoked
streaky bacon

eggs Florentine OR royale 10.50 /12.50
2 poached eggs on wheat & rye sourdough, lime
hollandaise & sautéed spinach OR smoked
salmon

smashed avocado & feta 9.75
avo, pickled chilli, lime, mint, feta & poached egg
on wheat & rye sourdough

superfood salad 12.00
grilled salmon OR halloumi, seasoned quinoa,
lentils, spring veggies & pickled chillies **vegan
option available*

pacific porridge (df/ve) 6.75
homemade porridge, coconut milk, seasoned
quinoa, oats, banana, peanut butter & cocoa
nibs **until 11am*

F&J pancakes 11.00 (kids 6.00)
2 American-style pancakes, crispy bacon,
caramelised banana, fresh berries, maple syrup
& mascarpone

scott's chorizo scramble 8.00
chorizo, shallots, balsamic reduction,
scrambled eggs on F&J's focaccia

huevos rancheros (gf) 12.50
smokey beans, sweetcorn salsa, avo, chorizo,
sour cream & 2 fried eggs on blue corn tortillas
**vegan option available (please allow a bit of
extra time for this dish)*

cheesy chorizo toastie 8.50
chorizo, cheddar, avo & F&J's red pepper relish,
(+ fried egg 1.75)

F&J spring bruschetta 8.50
house made pesto & focaccia, pomodorinos,
caper berries with a balsamic reduction

F&J seasonal soup 7.25
warming soup, wheat & rye sourdough
Ask your waiter what the soup of the day is

add a side: smoked streaky bacon / halloumi / spinach / mushrooms / grilled tomatoes 3.00 smashed avo 4.00 / chorizo 3.25/ Moxon's smoked salmon 4.25/ Clarence Court poached/fried egg 2.00 / scrambled eggs 4.00 / wheat & rye sourdough 2.00 / GF bread 2.00/ GF cornbread 4.00

Please inform your server if you have any food allergies or special dietary needs

COFFEE & CHOC

we use Allpress Espresso blend. all our coffees are double shot, please ask us if you'd like a weaker coffee

Large +30p.

Espresso	2.25
Long black	2.75
Cortado	2.50
Macchiato	2.50
Americano	3.00
Flat White	3.25
Cappuccino	3.25
Latte	3.25
Mocha	3.50
Hot Chocolate	3.75
Chai Latte	3.75

HEALTHY DRINK

Matcha / beetroot / turmeric lattes	4.00
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FRESH JUICES

Green aid	5.00
<i>celery, kale, spinach, cucumber, apple, lemon</i>	
Sunrise Juice	5.00
<i>Pineapple, yellow pepper, ginger, apple, lemon</i>	
Fresh Orange juice	4.50
Apple juice	3.00
Kids Apple/ Orange juice	2.50

FROM THE FRIDGE

Still/Sparkling water	2.25
Elderflower sparkle/Rhubarb	3.25
Sparkle/ Karma Cola/ Lemony Lemonade /Gingerella ginger ale	

TEA TIME

Choose from our exotic & fragrant loose leaf teas from Edgembes:

English breakfast	
Earl grey	
Grenadine & vanilla	
Japanese sencha	
Jasmine flowers	
Rooibos	
Ginger root	
Strawberry & kiwi	
Chamomile	
Peppermint	
Fresh mint	
Teapot	3.25

ICE DRINKS

Iced americano / iced latte	3.50
Iced chocolate / iced chai	4.00
Iced matcha / iced turmeric	4.00

WINES

<i>Finger post sauvignon blanc, New Zealand</i>	
125ml glass	4.40
250ml glass	8.40
Bottle	25.00
<i>Hillville road merlot, Australia</i>	
125ml glass	4.20
250ml glass	8.10
Bottle	24.00

BUBBLES & BOOZE

Bloody F&J	9.50
Virgin F&J	5.00
Mimosa	8.00
Gin & tonic	7.00
Rhubarb gin fizz	7.00
Glass of bubbles	8.00
Bottle of bubbles	29.00

larger **parties** wanting to celebrate a special occasion or host a private event please
Dulwich@flotsamandjetsamcafe.co.uk

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