

FLOTSAM & JETSAM

WHEAT & RYE SOURDOUGH OR CORNBREAD (GF) <i>strawberry / bacon jam / marmite / vegemite / peanut butter</i>	4.00	B-L-A-T / H-L-A-T <i>toastie with bacon OR halloumi ,lettuce, avo, tomato & mustard aioli +fried egg 1.90</i>	9.95
F&J PANCAKES <i>2 American-style pancakes, crispy bacon, caramelised banana, fresh berries, maple syrup & chantilly</i>	12.75 kids 6.75	V-L-A-T <i>toastie with jerusalem artichoke hashbrown, pickled swede, lettuce, avo, tomato & vegan mustard aioli</i>	9.95
SMASHED AVOCADO & FETA <i>avo, pickled chilli, lime, feta & poached egg on wheat & rye sourdough</i>	10.75	CHEESY CHORIZO TOASTIE <i>chorizo, cheddar, avo & F&J's red pepper relish +fried egg 1.90</i>	9.95
ESPRESSO EGGS BENEDICT <i>2 poached eggs on wheat & rye sourdough, espresso brown butter hollandaise & smoked streaky bacon</i>	11.25	Add vegetable crisps with your toastie 2.50	
EGGS FLORENTINE / ROYALE <i>2 poached eggs on wheat & rye sourdough, lime mirin hollandaise & sautéed spinach or smoked salmon</i>	10.75/12.95		
SCOTT'S CHORIZO SCRAMBLE <i>chorizo, shallots, balsamic reduction, scrambled eggs on F&J's focaccia</i>	10.50		
F&J SEASONAL SOUP <i>warming soup, sourdough toast Ask one of the team what the soup of the day is</i>	7.95		

Seasonal Favourites

HUNTERS STEW <i>domingo chorizo, white cabbage, sauerkraut, minced pork & smokey bacon, wheat & rye sourdough.</i>	14.50
FULL ENGL-ISH <i>pork sage sausages, cannellini baked beans, soy portobello mushrooms, grilled tomato, bacon jam, wheat & rye sourdough Choice of : fried, scrambled or poached eggs</i>	17.25
MAKE IT VEGAN <i>artichoke hashbrowns cannellini baked beans, soy portobello mushrooms, grilled tomato, fried potato slices, scrambled tofu, wheat & rye sourdough</i>	16.25

TIRZAH GARWOOD
BEYOND RAVILIOUS

Sides

SMOKED STREAKY BACON	3.95	SMASHED AVO	4.25
CHORIZO	3.95	SPINACH	3.75
SMOKED SALMON	4.25	GRILLED TOMATO	3.75
HALLOUMI	3.95	MUSHROOM	3.75
EGGS - POACHED/FRIED	2.50	WHEAT & RYE SOURDOUGH	2.50
EGGS - SCRAMBLED	4.25	CORNBREAD	2.50

Please inform your server if you have any food allergies or special dietary needs
Sorry we don't accept cash, apologies for any inconvenience

Coffee + Choc

We use Allpress Espresso blend, all our coffees are double shot, please ask us if you'd like a weaker coffee. We offer oat, soy, almond and coconut milk as dairy alternatives.

ESPRESSO	2.80
LONG BLACK	3.40
CORTADO	2.90
MACCHIATO	2.90
AMERICANO	3.40
FLAT WHITE	3.70
CAPPUCCINO	3.80
LATTE	3.80
MOCHA	3.90
HOT CHOCOLATE	3.80
CHAI LATTE	3.90

Healthy Drinks

MATCHA/BEETROOT/TUMERIC LATTE <i>All blended with a milk of your choice</i>	4.00
IMMUNITY BOOSTER	4.50

Fresh Juices

GREEN AID <i>celery, kale, spinach, cucumber, apple, lemon</i>	5.00
UP-BEET JUICE <i>beetroot, apple, carrot, ginger, lemon</i>	5.00
APPLE / ORANGE JUICE	4.00/4.50
KIDS APPLE/ORANGE JUICE	2.50

From the Fridge

STILL/SPARKLING WATER	2.50
SPARKLING LEMON	3.25
GINGERBEER	3.25
ELDERFLOWER	3.25
GINGER LEMON / RASPBERRY KOMBUCHA	3.50

Tea Time

Choose from our exotic & fragrant loose leaf teas from Edgcumbes:

POT OF TEA	3.50
ENGLISH BREAKFAST	
EARL GREY	
JAPANESE SENCHA	
GINGER ROOT	
ROOBIOS	
CHAMOMILE	
PEPPERMINT	
FRESH MINT	

Iced Drinks

ICED AMERICANO / LATTE	4.00
ICED CHOCOLATE / CHAI	4.50
ICED MATCHA / TUMERIC	4.50

Bubbles + Booze

BLOODY / VIRGIN F&J	9.75/6.00
F&j MIMOSA	9.50
ELDERFLOWER FIZZ	9.50
GINGER SPICE	9.50
CAMDEN HELLS LAGER	5.50
FINGER POST, SAUVIGNON BLANC 175ML / 250ML / BOTTLE	6.25/10.25/31.00
BALADE ROMANTIQUE, ROSE 175ML / 250ML / BOTTLE	5.75/9.50/27.00
PROSECCO 125ML / BOTTLE	8.50/32.00

Sweet tooth?! Please ask one of the team for our selection of bakes today

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