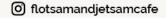
# FLOTSAM & JETSAM

WHEAT & RYE SOURDOUGH OR CORNBREAD (GF) 5.75 strawberry / bacon jam / marmite / peanut butter wheat, rye, sulphites, celery, oat, rye, barley, peanuts milk, egg, sulphites, celery, oat, rye, barley, peanuts	B-L-A-T / H-L-A-T 12.95 toastie with bacon OR halloumi ,lettuce, avo, tomato & mustard aioli +fried egg 1.90 wheat, rye, soy, mustard / wheat, rye, soy, mustard, milk
F&J PANCAKES14.72 American-style pancakes, crispy bacon, caramelisedkids 8.0banana, fresh berries, maple syrup & chantillywheat, soy, milk, egg	
SMASHED AVOCADO & FETAavo, pickled chilli, lime, feta & poached eggon wheat & rye sourdoughwheat, rye, soy, celery, milk, egg, sulphites	+fried egg 1.90 wheat, rye, sulphite, milk, soy, mustard, celery
	Add vegetable crisps with your toastie 2.50
<b>ESPRESSO EGGS BENEDICT</b> 2 poached eggs on wheat & rye sourdough, espresso brown butter hollandaise & smoked streaky bacon wheat, rye, soy, celery, milk, egg, sulphites, sesame	Seasonal Javourites
EGGS FLORENTINE / ROYALE 14.25/16.5 2 poached eggs on wheat & rye sourdough, lime mirin hollandaise & sautéed spinach OR smoked salmon	sourdough. wheat, rye, soy, celery
wheat, rye, soy, celery, milk, egg, sulphite, fish	FULL ENGL-ISH19.95pork sage sausages, cannellini baked beans, soyportobello mushrooms, grilled tomato, bacon jam,
SCOTT'S CHORIZO SCRAMBLE16.7chorizo, shallots, balsamic reduction, scrambled eggs on F&J's focacciawheat, soy, celery, milk, egg, sulphite	5 wheat & rye sourdough Choice of : fried, scrambled or poached eggs wheat, rye, soy, sulphite, egg MAKE IT VEGAN artichoke hashbrowns cannellini baked beans, soy
F&J SEASONAL SOUP7.9warming soup, sourdough toastAsk one of the team what the soup of the day is	portobello mushrooms, grilled tomato, fried potato



SMOKED STREAKY BACON	SMASHED AVO	4.00 / ANY 3 FOR 10.00	
CHORIZO	SPINACH		
SMOKED SALMON	GRILLED TOMATO		
HALLOUMI	MUSHROOM		
EGGS – POACHED/FRIED	WHEAT & RYE SOURDOUGH		
EGGS – SCRAMBLED	CORNBREAD		

Please inform your server if you have any food allergies or special dietary needs Sorry we don't accept cash, apologies for any inconvenience



Coffee + Choc

We use Allpress Espresso blend, all our coffees are double shot, please ask us if you'd like a weaker coffee. We offer oat, soy, almond and coconut milk as dairy alternatives.

### Tea Time

Choose from our exotic & fragrant loose leaf teas from Edgcumbes:

ESPRESSO	2.80	POT OF TEA	3.50
LONG BLACK	3.40		
CORTADO	2.90	ENGLISH BREAKFAST	
МАССНІАТО	2.90	EARL GREY	
AMERICANO	3.40	JAPANESE SENCHA	
FLAT WHITE	3.70	GINGER ROOT	
CAPPUCCINO	3.80	ROOBIOS	
LATTE	3.80	CHAMOMILE	
МОСНА	3.90	PEPPERMINT	
HOT CHOCOLATE	3.80	STRAWBERRY & KIWI	
CHAI LATTE	3.90	FRESH MINT	
MOO FREE 50P			

Healthy Drinks

MATCHA/BEETROOT/TUMERIC LATTE	4.00
All blended with a milk of your choice	

Iced Drinks

ICED AMERICANO / LATTE	4.00
ICED CHOCOLATE / CHAI	4.50
ICED MATCHA / TUMERIC	4.50

Fresh Juices

U	
GREEN AID celery, kale, spinach, cucumber, apple, lemon	5.00
ACG apple, carrot, ginger	5.00
APPLE / ORANGE JUICE	4.00/4.50
KIDS APPLE/ORANGE JUICE	2.50
From the Fridge	
STILL/SPARKLING WATER	2.50
ORANGE & FIG	3.25
PINK GRAPEFRUIT	3.25
WHITE PEACH & JASMINE	3.25
RASPBERRY & ROSE	3.25

## Bubbles + Booze

D	BLOODY / VIRGIN F&J	9.75/6.00	
)	F&j MIMOSA	9.50	
50	CAMDEN HELLS LAGER / PALE	ALE 6.00	
	FINGER POST, SAUVIGNON BLA	NC	
	175ML / 250Ml / BOTTLE	6.25/10.25/31.00	
	BALADE ROMANTIQUE, ROSE		
	175ML / 250ML / BOTTLE	5.75/9.50/27.00	
	PROSECCO		
	125ML / BOTTLE	8.50/32.00	

Sweet tooth?! Please ask one of the team for our selection of bakes today

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