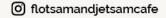
FLOTSAM & JETSAM

| WHEAT & RYE SOURDOUGH OR CORNBREAD (GF) 5.75 strawberry / bacon jam / marmite / peanut butter wheat, rye, sulphites, celery, oat, rye, barley, peanuts milk, egg, sulphites, celery, oat, rye, barley, peanuts | B-L-A-T / H-L-A-T 12.95 toastie with bacon OR halloumi ,lettuce, avo, tomato & mustard aioli +fried egg 1.90 wheat, rye, soy, mustard / wheat, rye, soy, mustard, milk |
|--|--|
| F&J PANCAKES14.72 American-style pancakes, crispy bacon, caramelisedkids 8.0banana, fresh berries, maple syrup & chantillywheat, soy, milk, egg | |
| SMASHED AVOCADO & FETAavo, pickled chilli, lime, feta & poached eggon wheat & rye sourdoughwheat, rye, soy, celery, milk, egg, sulphites | +fried egg 1.90 wheat, rye, sulphite, milk, soy, mustard, celery |
| | Add vegetable crisps with your toastie 2.50 |
| ESPRESSO EGGS BENEDICT 2 poached eggs on wheat & rye sourdough, espresso brown butter hollandaise & smoked streaky bacon wheat, rye, soy, celery, milk, egg, sulphites, sesame | Seasonal Javourites |
| EGGS FLORENTINE / ROYALE 14.25/16.5 2 poached eggs on wheat & rye sourdough, lime mirin hollandaise & sautéed spinach OR smoked salmon | sourdough. wheat, rye, soy, celery |
| wheat, rye, soy, celery, milk, egg, sulphite, fish | FULL ENGL-ISH19.95pork sage sausages, cannellini baked beans, soyportobello mushrooms, grilled tomato, bacon jam, |
| SCOTT'S CHORIZO SCRAMBLE16.7chorizo, shallots, balsamic reduction, scrambled eggs on F&J's focacciawheat, soy, celery, milk, egg, sulphite | 5 wheat & rye sourdough Choice of : fried, scrambled or poached eggs wheat, rye, soy, sulphite, egg MAKE IT VEGAN artichoke hashbrowns cannellini baked beans, soy |
| F&J SEASONAL SOUP7.9warming soup, sourdough toastAsk one of the team what the soup of the day is | portobello mushrooms, grilled tomato, fried potato |



| SMOKED STREAKY BACON | SMASHED AVO | 4.00 / ANY 3 FOR 10.00 | |
|----------------------|-----------------------|------------------------|--|
| CHORIZO | SPINACH | | |
| SMOKED SALMON | GRILLED TOMATO | | |
| HALLOUMI | MUSHROOM | | |
| EGGS – POACHED/FRIED | WHEAT & RYE SOURDOUGH | | |
| EGGS – SCRAMBLED | CORNBREAD | | |
| | | | |

Please inform your server if you have any food allergies or special dietary needs Sorry we don't accept cash, apologies for any inconvenience



Coffee + Choc

We use Allpress Espresso blend, all our coffees are double shot, please ask us if you'd like a weaker coffee. We offer oat, soy, almond and coconut milk as dairy alternatives.

Tea Time

Choose from our exotic & fragrant loose leaf teas from Edgcumbes:

| ESPRESSO | 2.80 | POT OF TEA | 3.50 |
|---------------|------|-------------------|------|
| LONG BLACK | 3.40 | | |
| CORTADO | 2.90 | ENGLISH BREAKFAST | |
| МАССНІАТО | 2.90 | EARL GREY | |
| AMERICANO | 3.40 | JAPANESE SENCHA | |
| FLAT WHITE | 3.70 | GINGER ROOT | |
| CAPPUCCINO | 3.80 | ROOBIOS | |
| LATTE | 3.80 | CHAMOMILE | |
| МОСНА | 3.90 | PEPPERMINT | |
| HOT CHOCOLATE | 3.80 | STRAWBERRY & KIWI | |
| CHAI LATTE | 3.90 | FRESH MINT | |
| MOO FREE 50P | | | |

Healthy Drinks

| MATCHA/BEETROOT/TUMERIC LATTE | 4.00 |
|--|------|
| All blended with a milk of your choice | |

Iced Drinks

| ICED AMERICANO / LATTE | 4.00 |
|------------------------|------|
| ICED CHOCOLATE / CHAI | 4.50 |
| ICED MATCHA / TUMERIC | 4.50 |

Fresh Juices

| U | |
|--|-----------|
| GREEN AID celery, kale, spinach, cucumber, apple, lemon | 5.00 |
| ACG apple, carrot, ginger | 5.00 |
| APPLE / ORANGE JUICE | 4.00/4.50 |
| KIDS APPLE/ORANGE JUICE | 2.50 |
| From the Fridge | |
| STILL/SPARKLING WATER | 2.50 |
| ORANGE & FIG | 3.25 |
| PINK GRAPEFRUIT | 3.25 |
| WHITE PEACH & JASMINE | 3.25 |
| RASPBERRY & ROSE | 3.25 |

Bubbles + Booze

| D | BLOODY / VIRGIN F&J | 9.75/6.00 | |
|----|----------------------------|------------------|--|
|) | F&j MIMOSA | 9.50 | |
| 50 | CAMDEN HELLS LAGER / PALE | ALE 6.00 | |
| | FINGER POST, SAUVIGNON BLA | NC | |
| | 175ML / 250Ml / BOTTLE | 6.25/10.25/31.00 | |
| | BALADE ROMANTIQUE, ROSE | | |
| | 175ML / 250ML / BOTTLE | 5.75/9.50/27.00 | |
| | PROSECCO | | |
| | 125ML / BOTTLE | 8.50/32.00 | |
| | | | |
| | | | |
| | | | |

Sweet tooth?! Please ask one of the team for our selection of bakes today

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