

FLOTSAM & JETSAM

WHEAT & RYE SOURDOUGH OR CORNBREAD (GF)

5.75

strawberry / bacon jam / marmite / peanut butter
wheat, rye, sulphites, celery, oat, rye, barley, peanuts
milk, egg, sulphites, celery, oat, rye, barley, peanuts

F&J PANCAKES

14.75

2 American-style pancakes, crispy bacon, caramelised banana, fresh berries, maple syrup & chantilly
kids 8.00
wheat, soy, milk, egg

SMASHED AVOCADO & FETA

14.95

avo, pickled chilli, lime, feta & poached egg
on wheat & rye sourdough
wheat, rye, soy, celery, milk, egg, sulphites

ESPRESSO EGGS BENEDICT

14.25

2 poached eggs on wheat & rye sourdough, espresso brown butter hollandaise & smoked streaky bacon
wheat, rye, soy, celery, milk, egg, sulphites, sesame

EGGS FLORENTINE / ROYALE

14.25/16.50

2 poached eggs on wheat & rye sourdough, lime mirin hollandaise & sautéed spinach OR smoked salmon
wheat, rye, soy, celery, milk, egg, sulphite, fish

SCOTT'S CHORIZO SCRAMBLE

16.75

chorizo, shallots, balsamic reduction, scrambled eggs on F&J's focaccia
wheat, soy, celery, milk, egg, sulphite

F&J SEASONAL SOUP

7.95

warming soup, sourdough toast
Ask one of the team what the soup of the day is

B-L-A-T / H-L-A-T

12.95

toastie with bacon OR halloumi, lettuce, avo, tomato & mustard aioli
+fried egg 1.90
wheat, rye, soy, mustard / wheat, rye, soy, mustard, milk

V-L-A-T

12.95

toastie with Jerusalem artichoke hashbrown, pickled swede, lettuce, avo, tomato & vegan mustard aioli
wheat, rye, soy, mustard, celery, lupin

CHEESY CHORIZO TOASTIE

12.95

chorizo, cheddar, avo & F&J's red pepper relish
+fried egg 1.90
wheat, rye, sulphite, milk, soy, mustard, celery

Add vegetable crisps with your toastie 2.50

Seasonal Favourites

HUNTERS STEW

16.50

domingo chorizo, white cabbage, sauerkraut, minced pork & smokey bacon, wheat & rye sourdough.

wheat, rye, soy, celery

FULL ENGL-ISH

19.95

pork sage sausages, cannellini baked beans, soy portobello mushrooms, grilled tomato, bacon jam, wheat & rye sourdough

Choice of : fried, scrambled or poached eggs

wheat, rye, soy, sulphite, egg

MAKE IT VEGAN

18.95

artichoke hashbrowns cannellini baked beans, soy portobello mushrooms, grilled tomato, fried potato slices, scrambled tofu, wheat & rye sourdough

wheat, rye, soy, sulphite, lupin.

Sides

SMOKED STREAKY BACON

SMASHED AVO

4.00 / ANY 3 FOR 10.00

CHORIZO

SPINACH

SMOKED SALMON

GRILLED TOMATO

HALLOUMI

MUSHROOM

EGGS – POACHED/FRIED

WHEAT & RYE SOURDOUGH

EGGS – SCRAMBLED

CORNBREAD

Please inform your server if you have any food allergies or special dietary needs
Sorry we don't accept cash, apologies for any inconvenience

Coffee + Choc

We use Allpress Espresso blend, all our coffees are double shot, please ask us if you'd like a weaker coffee. We offer oat, soy, almond and coconut milk as dairy alternatives.

ESPRESSO	2.80
LONG BLACK	3.40
CORTADO	2.90
MACCHIATO	2.90
AMERICANO	3.40
FLAT WHITE	3.70
CAPPUCCINO	3.80
LATTE	3.80
MOCHA	3.90
HOT CHOCOLATE	3.80
CHAI LATTE	3.90

MOO FREE 50P

Healthy Drinks

MATCHA/BEETROOT/TUMERIC LATTE	4.00
-------------------------------	------

All blended with a milk of your choice

Fresh Juices

GREEN AID <i>celery, kale, spinach, cucumber, apple, lemon</i>	5.00
ACG <i>apple, carrot, ginger</i>	5.00
APPLE / ORANGE JUICE	4.00/4.50
KIDS APPLE/ORANGE JUICE	2.50

From the Fridge

STILL/SPARKLING WATER	2.50
ORANGE & FIG	3.25
PINK GRAPEFRUIT	3.25
WHITE PEACH & JASMINE	3.25
RASPBERRY & ROSE	3.25

Tea Time

Choose from our exotic & fragrant loose leaf teas from Edgcumbes:

POT OF TEA	3.50
ENGLISH BREAKFAST	
EARL GREY	
JAPANESE SENCHA	
GINGER ROOT	
ROOBIOS	
CHAMOMILE	
PEPPERMINT	
STRAWBERRY & KIWI	
FRESH MINT	

Iced Drinks

ICED AMERICANO / LATTE	4.00
ICED CHOCOLATE / CHAI	4.50
ICED MATCHA / TUMERIC	4.50

Bubbles + Booze

BLOODY / VIRGIN F&J	9.75/6.00
F&j MIMOSA	9.50
CAMDEN HELLS LAGER / PALE ALE	6.00
FINGER POST, SAUVIGNON BLANC 175ML / 250ML / BOTTLE	6.25/10.25/31.00
BALADE ROMANTIQUE, ROSE 175ML / 250ML / BOTTLE	5.75/9.50/27.00
PROSECCO 125ML / BOTTLE	8.50/32.00

Sweet tooth?! Please ask one of the team for our selection of bakes today

Please inform your server if you have any food allergies or special dietary needs
Sorry we don't accept cash, apologies for any inconvenience